

Healing Code Cards

"I pray that all Known & Unknown Negative Images, Unhealthy Beliefs, Destructive Cellular Memories, & all Physical Issues related to my Eating Disorders, Impatience, & Loss of Self-Control would be Found, Opened & Healed by Filling me with Light, Life and Love of my God. I also pray that the Effectiveness of this healing be Increased by 100x or more." (This Tells the Body to make the Healing a Priority)

Use: **Loving Image:** NH Lake (Mara) - **Completion Image:** Cosmo 27 Pic

1st Position - Bridge (Pituitary/Pineal Glands) **"Healing Codes"**



2nd Position-Adam's Apple (Thyroid Gland/Spinal Cord)

*Truth Focus Statement: I want my ideal weight for my health & I believe I can do it based on my weight loss experiences when I lost it down to **155lbs** and maintained that weight for years through a **Vegetarian Whole Food Diet** (Veggies/Fruits/Beans/Nuts/Seeds) with Self-Control & healthy cellular memories.*

3rd Position - Jaws (Amygdala/Hippocampus Glands) **"Healing Codes"**



4th Position-Temples (Hypothalamus Gland/Brain)

*Rate Issues Before & After (0 Best-10 Worst) then **Next Worst Issue.***

Holding & Breath In each Position for 30 seconds, while repeating the Images & **Truth Focus Statement** countering Unhealthy Belief or Issue.