

## The Ram - Ramatha

Started 1978 channeling to K.Z. Knight (he does not enter her body, even thou she leaves her body, but operates from the outside like a puppet), then teaching through her the last ten years at a horse ranch in a big barn. Weekend workshop is \$250 (1000 people), all you get is a square in the barn and the Ram. Registration is 8:00am to 10:00 am and it started 12:20pm. The place is run like military based. The Ram: He walks in through her body as a man and after several hours you are convinced by his humor, mannerisms, and boisterous behavior, that this she body is a man who is 7' tall from Atlantis 26,000 years ago.

### 2 Day Workshop (Saturday 9/12/98):

History of the human race is history or his story not her story which is series of political lies brainwashing the masses to control them by religion and governments through illusions and delusions but not the truth. We have 2 beings. Soul & Divine (Spiritual Being) in 7 Bodies by frequency of energy vibration. We are the **root quality of consciousness itself**. Only human can witness themselves (**Self Awareness**) through the physical part of brain. All rocks, plants & animals work on instincts. Our souls weigh 13ounces and are located in an empty spot directly behind the breastbone & record all your actions like secretary. You are not your body but spirit (located in lower brain) and soul. The ancient wisdom is 10.5 million years old and the brain is largest computer. Nitric oxidate is a gas from tobacco from another planet opens up the brain for learning. The **DNA** inside our neutrons is God the observer and where ancient wisdom comes from. Destiny, to make know the unknown, comes out of the body. We created our destiny either hell or heaven. The body's job is to punch it in. Life is a learning school, which is preplanned. The nerves (cell phone) work to administrate it. The life experience (people, places, time and events) is witnessed by our Holy Spirit and warnings come from our spirit. We are Divine Being with Divine Intent searching for experiences learning from the mind of God. We record everything as truth with out experiencing it, so we must experience and feel it to complete our destiny. In our **DNA** we have the divine patterns to manifest our Godhood. Consciousness and energy (**C & E**) masters the study of **Mastering Limitations**. Consciousness & Energy (**C&E**) Breathe opens the 7 Seals. After 1 Breathe the body moves by itself (emotionally, Chemically, Neutrally). We come from a thought projection (The Void). We are **Royal Deity. There are No Accidents** Only Intent. Self-awareness gives self-expansion, and opposites attract. Primary consciousness (God Consciousness) is **Point Zero (The Void)**. Primary consciousness (God Consciousness) is **Point Zero (The Void)**. Secondary consciousness is **Mirror Consciousness (Self)**. We are a mirror reflection of the Void in the likeness of God. So there is the **Void, Point Zero, & Self**. This is how we were created and this is how we create anything by reenacting the original creation of the Universe.

### Within Our Selves there are 7 Levels (like a Pyramid)

Levels	Rapid Time Flow	Colors	Consciousness
7 <sup>th</sup>	Fastest	Gold	Infinity Unknown (Ultra)
6 <sup>th</sup>	Faster	X-ray - Rose gold	Hyper
5 <sup>th</sup>	Fast	Rose	Super
4 <sup>th</sup>	Midpoint	Blue Rose (Blue Body Healing)	Bridge (Ultra Violet Blue)
3 <sup>rd</sup>	Slow	Light Yellow (Visible White)	Awareness
2 <sup>nd</sup>	Slower	Red (Infra)	Social
1 <sup>st</sup>	Slowest	Brown Physical (Sexuality)	Sub (Horizontal)

Everything is created about time. Slowing time by expanding distance. All visible structure are held together by invisible forms (the Big is supported by the small). Analytical mind is one mind from 1-7 levels in one unit. Soul comes in as a recorder (secretary), a **Memory, Neutralical, and Chemical Storehouse** in **Hypothymus Gland**. Light produces electricity. **Human Brain has the mind of God**.

**Resveratrol** is an anti cancer & anti oxidant only found in **Red Wine** from its skin and seed, which drops the veil of innocence. **Fruit of the Gods** (Christ's Blood), which came from another planet 450,000 years ago. Red wine oxidizes the brain, which opens up the brain and healing the body. Socrates eat bread, wine & goat cheese (**Wine Celebration**).

Ego (Thought Form) is God; Alter Ego (Monkey Mind) is Alter God. The one truth possible in the kingdom of God is the **Doubt You Have**. You need to have open mindless. You doubt you are God. Master (Ancient) schools in Wilderness, which is a journey in & back of the wilderness. Redemption: you need to sin to be redeemed, it is a **Redemption High**. It activates the hormones of guilt & forgiveness. We have inherited Genital Guilt, shame & Imperfect or doubt. Parents influence, DNA (attitude & emotion carried in it), and at birth parents attitudes carry with you for your life. Doubt is the very body you are wearing because that is the reason you are here. Every cells has doors connectors that are attitudes, so you must change your attitudes to change your body. Doubt is the genetically neutron net. Coming from the Ancient Schools, you are God & you can do anything, like change cellular attitudes. We can correct ignorance (the unknown). You can change an attitude by letting go of your doubts. Virtue is living, by embracing the world, being and experiencing everything and creating compassion. The brain will only recognize what it has been programmed to recognize. So you reprogram it by the **C & E** technique. Consciousness & energy (**C & E**) creates reality (the nature of reality). Particles & energy are the same. Energy is intent. Energy carries an idea, a dream to a point (reality). You might have good intentions, but the results are bad actions; because you have not reprogrammed the brain, and no one can change without reprogramming. You can not maintain what you have not changed consciously. How do you create reality? **Changing Intent** (Freedom) creates a new networking (Nerves). The old networking will no longer exist. It takes on a new form & the old patterns (guilt, shame, negative attitudes) do not connect anymore. Neutrons are all intents; the bending force of the cells for a new design in the networking. There are attitudes & thoughts condensed into particles; just like the Cinderella story with changing the pumpkin into a stage and then after midnight the brain changes chemically (Melatonin). The body needs time to absorb the dream (concept) or reality in the body and time to let go of old

attitude patterns. You need patience for the body to grow with the new thought patterns in the transformation (biological changes). Just do it. Do not try to figure it out. Just slow down the body. Just keep keeping on; this is the test. If not everything change back. We have the Fairy God Mother within us and the kingdom of God is all around us. We can change anything using quantum mechanics. You do not have to try to get or do anything; you just become it with **True Righteous Intent**. The phoenix builds up a beauty nest, than will be burn it up. As the nest of consciousness life we can burn it by exposing it, and create a new reality. You become clean with rebirth by change your intent and can be birth into Immortality. Using **Quantum Mechanics** any particle exist simultaneously. Very subatomic particle (electron) we as observer expect energy. These are preprogrammed functions in the 4 dimension. Hormones (Harmony) of the body are in tune with the thinker, so the hormones carry out thought commands. Body is chemical factory and alchemy performs in the brain as follows: Amino Acids carry messages from the brain. There is an amino acid for every attitude, and proteins make hormones, which are tiny beams of amino acids. Mind body brain connect is one connection and cells (individuals) are being taught what the mind is thinking. All accidents & diseases are programmed by our thinking as well as harmony and immortality. Before sleeping remember Cinderella, Caterpillar becoming a Butterfly, and the human becoming an Immortal.

**Create Your Day (Changing Attitudes) Beginning of Each Day Saying Slowly 3 times with Intent I manifest the Glory of my God this Day. I am Healthy and Perfectly Well. I know Everything. I accept my Fabulous Wealth Potential. I own, this Day, the Truth of my Past Emotions. I am filled with Radiant Joy. I am Forever, 27 years Young. I accomplish every Intent, to Wisdom.**

The atom is structured in 7 levels of anatomy like a spring pushed down to the 1st level (flat) and that is all we see. Math is the language to explain the universe, but we are not here to learn the language but become it. There are **Seven Churches & Seals of the Body: Crown, Base of the Skull (Christ - Mind of God), Throat Center (Truth), Heart (Love - Soul), Solar Plexus, Navel, & Sexual Palace**. The last three are the Force Field, which is very difficult to get passed it. The **Force Field** activates **Self-Gratification, Socialistic Capitalism, and the Greed Power Struggle of Power & Victim, Pain & Suffering, and Sexuality, Procreation & Survival**.

Teaching Tool: When teaching people asked them to explain it to each other periodically. Address your the fears and cleanse the body with truth creating a new body with C&E Technique. You start by sitting cross leg creating a triangle. You are now sitting in the triad connecting with the **Energy Field from 1st Seal to 7th Seal**.

**Consciousness & Energy is Creating the Nature of Reality (C&E) Breathing Technique**

1. Form Triad with Body (Crown-Spirit (Heavens) & Lower (Earth)).
2. Draw right fingers up to forehead (Spirit), Left palm on 4th Seal (Heart)
3. Move Rt Fingers slowly to Lt Knee to Rt Knee (all Earth Journeys beginning to end) to Forehead (Rising last life to Point Zero-the Void) building up love explosion (3x).
4. Then Say: So in front of Forehead then Be a foot in front of forehead then It moving Right finger off to Right side.
5. Form Hand Triad Right hand over out Left finger at Heart & loves comes out.
6. Breathe in lower & upper abdomen squeezing buttock visualize the word, JOY & blow it out into space letter by letter to the Void-Blow with all your emotions of love & desires into an energy ball to the Void focusing on what you want to manifest (20x)
7. Lay hands down on any part of your body to heal yourself - Sit up & lower head.
8. Pull off your blindfold opening eyes slowly focusing on a dark area.
9. Stretch: Lend back (opening back) & lend forward (9x). In 1977 the Ram taught this woman, J.Z. Knight (his adopted daughter 26,000 years ago) to leave her body and was tested by computer to prove it. Ramtha does not enter her body but operates it through her lower brain like a puppet and manipulates her body through the atomic nervous system. J.Z. Knight has missed this whole gap of her life over 22 years, which is 11 hours over one day condensed into one minute when she goes to the light.

**Wine Celebration 1:30 pm Monday 9/14/98:** 1,500 people packed the barn and partied with the Ram having Wine Salute Toasts (5). The Ram was laughing and telling story after story. 35,000 years ago all of the Earth (Terra) was a Garden of Eden. Wars of Mars and the Moons came by the Atlantians and destroyed Lemirian with laser beams. The Atlantians were a small controlling race of people. Lemirians were a very spiritual people and were giants (11" to 7" tall), who came from a planet beyond the North Star, which now doesn't exist. Lemaria's coastline was the Pacific Northwest. Their elders knew, their end was coming. The Ram, his mother, little sister & brother run for their lives. Elders went down with continent & all the others run to Atlantis through North American to their southern port city. In 450,000 years ago the first colony of aliens (gods) arrived in the Middle East. The Nile river was created by Gods & the three other rivers to make the land was most fertile on the planet (Sitchin's book the 12 Planet from the Sumerian Tablets). Two brothers (Cinnamon skin tall people) created a land space station and everything coming from Point Zero (the largest star) with rays vibrating continuously. With the universal pulses the smallest particles came all & everyone from Point Zero. The through the rays all are one from the same point. We on earth where not Gods but Homo sapiens. The Atlantians further developed over 150 years the DNA in Africa and India to its present day level. We have only used 4% of DNA in our cells and we are literally Gods if we use our own DNA in our cells right now. The Ram tells a story like a poem. The Gods came for gold and used the genetically engineered Homo sapiens as slaves in the earth gold mines for gold food and light to survive on their planet. The Gods take the gold change it to white powder & bake it into bread. They eat it for Immortality, which is why after all this time they still ware it to this day as an Immortal Metal. Lemirians ships 35,000 years ago were biological craft with nerves. The earth then had no equator and the land was north and south from the poles. All Lemirian cities and labs are still in tack burned frozen in time from the war of the Pacific Rim in the days of Lemaria's and Star maps of Spiritual Warriors, where UFOs flied from rays pyramid to pyramid. After 10 years of pitted battle the Atlantians had no more UFOs, and the Ram with a great sword went into hand to hand battle with them riding a great Black horse. Space ships tech men hide behind the light rays; they

were cowards behind the light, and no challenge to the black horse, the huge steed of courage & fire. The Ram was one the horse trampling and killing gods of 10,000 years old. His army was 2 million strong with women and children. He conquered all of Europe and the entire known world in 65 years. In the end he received a mortal wound that lasted 7 years. During these 7 years of healing he found God, which is life itself, that God not a person but the life of everyone and everything. As he watch a black bird & it's family & listened to life itself sitting on the rock in northeast Indian forest called Shambala near Tibet, he learn about the unknown God. He loved watching a night bird, embracing the wind, rivers, the moons, and snow falls. It took him 7 years to understand the message, the study of nature, the Tao.

**5 Day Workshop (Tuesday 9/14/98):** There were 700 students in the barn starting with C&E for 20 minutes with no instruction & no Ram, just a Master General leading the **Field Work:** Preprogramming the brain: Program the God inside. **Key is to focus.** We drew **2 cards.** First card was a goal to achieve Wu Chi Acres and the second to achieve Cosmo 27, a lean and clean body. Find the card and your new reality in a 3-acre horse corral (**Field of Dreams**) blindfolded with the cards taped backwards on the field (1,400 cards). We hit the field for 30 minutes, then went to archery at 3:15 pm. After a belief explanation you waited in line with 5 arrows to hit the target at about a hundred yards blindfolded. Hitting the target blindfolded is an exercise for your intent. We did these exercises for two days with Ram: Dream field 20 minutes, another 20 minutes, C&E 20 minutes, 12:00 pm lunch, 40 minutes C&E, another 5 arrows, dream field, 2:00 pm 3 hours. Over a 100 people found their cards.

### **Wednesday Night 9/16/98 8:00 PM**

The Ram introduced the disciples of the field creating their new reality. The Ram uses group power and recognition techniques having all the Gods (100) stand for the field findings. Field of dreams and cards come from Ramtha. Any card that you find is what you are thinking. Card is a truth & if you have a problem put it on a card and it will be resolve in 2-3 days or how long it took to find your first card no God is constant symmetry of simplicity. There are 7 Heavens, 7 Bodies, 7 Light Spectrums, 7 Seals and they are all the same; and the triads are same. Religious confessions are good releases for emotions. Asking forgives is good for ourselves, which locks us into the spirit. Hell actually means shallow grave, so animals will not eat the body. The same emotional lock in the spirit is a memory in the infrared level connecting us to the sufferer. People live in the past on earth 3 days after death and the spirit is grounded waiting to leave into the light. Everything in your life is recorded around your body. You did not choose your parents you choose your genes for your evolution. When you die focus on what you want and it is. Dying will not escape your problems, only life will resolve them by forgiveness and letting go. Chisto means to know which means God. Ascension is the ability to dimensionally. Thoughts are conscious movements or frequencies. The human being is the compression of time from the body. The DNA in the body is the perfect body. The Seven Bodies Seed comes from 2 sets of the parents' DNA. Complete experiences have no emotion and no lock, which is a known and a wisdom. The body is being held by bands of seven levels of consciousness. In a group because of bands connection socially interacting, it creates a reaction or influence, which is the key to marketing. A master is a villager and dreams to be a Master and becomes one, but he is still a villager to make the uncommon common. Just thinking like a Master in the 7-2 levels, even enough the body is in the first level. In the dream field you project the thought that you are thinking correctly and after 4 hrs. We become Immortals when we think as an Immortal. Health is not what we eat, but what we think. How we become free is in the card and finding it, which is the Liberation of Freedom. Fall in love with the unknown and go out into the field of Infinite Unknown and connect with it. To be a God you must let of the past by emptying your mind. Just do it. Be in love with the mystery of the unknown. Use the cards to change your life and own the past. You can be 6'2", have 20/20 vision, no scars, no molds, no facial lines, and have no white hair. We are here to learn how to change our lives. Clear the mind as a child with no past as Christ said. The brain is a Pentium Computer with a Screen as the Brain's Frontal Lobe, Memory Bank and Word Processor. **The Brain Thinks In Holograms (Pictures) & the Mind Is Virtual Reality. The brain is the Mind of God. Electricity is Consciousness.** The Ram drinks red wine and smokes a pipe, but only drugs destroy the brain because the brain misfires and kills its cells. The gas from pipe tobacco and red wine activates the brain. In the body the emotions work like drug addiction with chemical electrically responses. Spirituality or spiritual evaluation is not based on feelings from emotions because emotions hold onto past memories. Stress starts with a memory as people, place, or time, by the senses, which is right in front of the brain; instead of experiencing the now or an original experience we re-experience a memory until redemption or release of it. The molecules of Redemption create physical high in the body. Letting go of both pain & redemption, which blocks the original experience. Crying is redemption high, but no solution and it is tried in the brain with suffering. Every past pain has equal memory redemption, so we are addicted to redemption. Men are addicted to failure, which connected to competition. Treatment for suffering is redemption. People are addicted to the past. Pure joy is not an emotion. The world is a chemical illusion. What ever we dream in reality we create, but we can create **True Feeling.** Christ and great people were willing to die for the truth and more importantly give up redemption (past emotion). **DNA-Deoxide Nyenoclay Acids:** Proteins make up 22 amino acids & chains, which make up the body and are the building blocks of the body. The mind controls the assumptions and attitudes control the building. The essential amino acids found in foods are less than 200 are peptones or small proteins. The four **Nucleic Acids** are Adedine, Guanine, Cytocine, & Thymine. There are 100 trillions cells in the body. The **Social Consciousness (Collective)** of the acids creates the structure of a cell and cells create an organ etc. DNA is in the center (Nucleus) of a cell. There are 3 Billion connects in cell. We only use .03% of our DNA as expressed in life of an ordinary person, but in the remaining 97% we have the Mind of God (a being of the 23rd Universe) and can grow fur, wings, and gills. The key to Immortality is in our own DNA. Our attitudes must change; we are addicted to our old attitudes, but new attitudes will connect us to the other 97% of our DNA and can change our lives. Hippocampus gland in the brain is where the long term memory is recorded in the body as a filling cabinet. It indicates our action based on past experiences, which activates Hypothymus gland to send chemical messages to the body for reaction and all your emotions to respond. Every cell reproduces new cells very minute and needs the signature (mood or

expression) for the new cells; like chains connecting the boxcars on a train. Heart failure is a failure to love; eye failure is a failure to see; diabetes is greed which are all a constant pattern of misuse of attitudes. **Humans use common thoughts and their memory is storied in their brain file chemically. Masters use uncommon thoughts and there is no filed memory, no chemical connector, and no need to be reprogrammed.** By holding the thought (focusing it) you can program it in the mind recreating the basic of reality. We are addicted to our past emotions and feelings of the body for suffering and redemption. To reprogram the cells hold the focus (Image) on the front lobe (forehead). We use the body to experience the experience for spiritual evolution, to make known the unknown. We are a star with rays coming out (potentials). By using **Quantum Mechanics** we are the observers (focuses) observing what we project and it is. It is all in the thought. Dust on objects comes from our absence; by leaving and reaffirming its exists, it starts falling apart. This change means no emotional support, and no feeling to hold the image (object). With no feeling it will change the chemical message and the cells (object). No one is a victim; we are all creating of our existence. There are no regards and no footprints in our God existence. We need to reorganize our memories, and be prepared for a emotion hit by someone from the past. Anything you need is a future attitude. Attitude is everything. Heal the body by using the **Blue Body**. We are born in the body, which to is a collapse of seven bodies and the aging process. We are living in social consciousness and its marketing projects. 15 minute **Blue Body Dance. Blue body healing with blue webs drawn on the body.** To destroy the imperfect, create the perfect. Shiva (Ultra Blue Body) destroys and creates. The Shiva the Destroyer works with the seven stars on the body and repairs the body cells and nerves. The Blue Body is the 4th Level of Consciousness. Shiva not a man or woman and skin is a network of blue webs that flow. The Blue Body is pictured sitting on a tiger representing sexuality, a light coming to the throat (Kundalini), pearls of wisdom around the neck, gold earrings representing the moon cycles and sun representing Point Zero (Triad). On the 4th level there no longer genders and no more cycles; you become master of 3 lower bodies. On the 1st level the body is the attitude of flesh. The hand is the product of 6 other bodies and something God is keeping it together. On the 4th level there are blue suns (a milk way of suns) and the atmosphere is made up of blue or blue webs. Communication is through thought projections (threads of impulses). Existence is a fabric of blue thought pulsation.

This **Kingdom of Thought** is faster than light, which are thoughts of blue pulsations and a plane of no polarity. We have fallen into the chaos of polarity and emotional imbalances, which are artificial. The Pineal Gland (3rd Eye) creates neutro-transitors for the nerve cells of the brain that fires off electrical pulsations with amino acids & pepides in the DNA of the cell. The Blue Body webs are nerve cells sounds that harmonize (harmonics) the body. The brain produces Sara (saratonina) in the day (Light) and at night Mel (melatonin) in the dark. Using Sara and Mel the brain activates the most power after midnight between 12:00 - 3:00 am, so use pray at night to ask for what you want with your creation list. Magnesium is the guardian blocks and Calcium starts chain reaction in the body. Pineal gland swifts Sara to Mel within 15 minutes and you can leave the body in a dream or be out of body. You dance (Blue Body Dance) to understand the blue body. Blue Body healing starts from Point Zero to person's evolution covering body from head down with blue webs. Blue body simple technique heals using the hands slowly on all levels through the seals of the body.

### **Blue Body Healing Technique**

1. *Person you are healing tells you what areas that need Healing*
2. *Find where energy blocks are by scanning the body with both hands 4"above the body from head to toe. Feel for fluctuations in the energy with eyes open.*
3. *Then use Blindfold & do sign of triad & blow drawing energy into healers head.*
4. *Feel Energy in person's head than heal by becoming Blue with Blue Web Shiva.*
5. *Where you feel energy lay blue webs down on that spot from head to toe (3x). It feels like a light blue cold snow covering the whole body.*
6. *Then person liquefies in the energy and gives you feedback.*

Emotional body is grief, shame, and sorrow (polarity of emotions). Relationships are not love, but sexual gratification, which you become friends and you, do not have intimacy with them and then the end of the relationship. You never committee to only something and that is purely physical. Love is a feeling of care and concern connecting with the soul, never a physical attraction but the soul attraction. Soul love is a connection deep in the soul. Sexuality is an after flow after a meeting of minds and souls. True love does not remember the past only what is. Through enduring compassion the person you are with asks for nothing and that is real love. In our Mind of God the memory use is frozen in time. Everything in life is on the molecular level, either a microcosm or macrocosm. The Spiritual body is a freedom river of consciousness to create thoughts for our own experiences to make known the unknown emptying into the vessel of God. You can know anything, because it already exists. So we must conquer our own ignorance (Boredom) with it you would never know the truth. In the **Lower Cerebellum** there is a buried treasure, which contains everything. All the techniques we learn today are just remembered techniques from 10,000,000 years ago. Anti gravity & light fields from the void cannot be depleted. 40 billion years ago there were greater inter-dimensional realities (Quantum Mechanics).

The **Middle Brain** is the psychic connection. In the C&E practice there are no dimensions. You should be, what inspires you in life; but the key is to conquer yourself. Think not as a man or woman but to your greatest potential (DNA 97%). Learned attitude creates disease. Every amino acid is a collective mind. The Lower Cerebellum knows everything controlling and censors the thoughts (pulses); it is our guardian angel mind over matter when you connect directly to Lower Cerebellum. Keep focus without an emotional connection to the past without feeling. When you keep remembering the past than you stop seeing the truth. **Make a card at night and sleep on. See it during the day and it will manifest.** The Ram said he was the greatest teacher because he came back to teach and one else did. All his students knew him 35,000 years ago. He loves to see us seek our highest potential, the other 97% of DNA. He specks in poetry. It is a Guru setup with students at the feet of the Master-the God-the Ram.