

The Secret (Law of Attraction) Gratitude Stone

Where is **One Unlimited Power** in Nature—The **Law of Attraction** which is humankind's Greatest Secret.

Everything coming into your life **you are attract it to you from your thoughts** you are thinking like a magnet. You attract what you think about most. **Thoughts become things.** Every thought has a frequency, which is a magnet signal that attracts other like frequencies drawing them to you. This Law is always working with either positive or negative thoughts because the **universe does not distinguish any difference** between them. You draw to yourself what you think about. Your life is a **Physical Manifestation of the Thoughts in your Head** (Quantum Physics). **Positive Thoughts are 100 times more Powerful than negative thoughts** so become aware of what you are thinking and choose your thoughts carefully. There is a Time Delay in this process that allows you to change your after you fully realize what you have thought. We have **60,000 thoughts every day** & no way to control them all so you must learn to work and manage your emotions to control your thoughts. **Thoughts cause our Feeling (Emotions).** When you celebrate good feelings when you get them you will draw to you more good feelings and things make you feel good. So keep feeling good and you will bring in more good feelings. **Everything you think and feel is creating your future.** By shifting your negative emotions you will attract good things to you. Your thoughts and feelings create your life. What you focus on this attracted into you experience. **By playing music, mediating or singing that makes you feel good will attract good things to you.** This is how you can master your thoughts and feelings. The Universe through the **Law of Attraction is your Genie** so be careful what you think because that is will come to you.

Creative Process of Manifestation:

Step 1: Ask – Command it. Have the Faith that universe will bring it to you through the Law of Attraction.

Step 2: Believe and feel that it is already yours & the universe will rearrange itself to bring it to you.

Step 3: Receive – Feel that you have it **Now (Fantasy in Fact** is the creative process of feeling you already have it).

There are No Rules in the Universe. If you provide the feelings of having it now and the universe will provide it for you. **All that we are is the result of what we have thought.**

Take the 1st Stop in faith. You do not have to see the whole staircase, just take the 1st Step.

Problem: Most people think what they do not want but it keeps showing up because you are thinking about it. You are attracting it to you because you are thinking about it.

Solution: Change the way you think and think about what you want not what you do not want then you will attract it.

Powerful Process for Change:

1) **Grateful:** Think of the things that you are thankful for & you will attract more of them. This will change your negative thoughts. Have a **Gratitude Rock** & every time you pick it up think of something you are grateful for and feel it then you will get more of it (**Attitude of Gratitude**).

2) **Visualize:** When you visualize then you materialize. The thought of **Visualize will attractive to you what you visualize. Always & only focus on the end Result feeling it to manifest it. (Visualize the End Results)** The universe knows all the hows, shorts & quickest ways to your dreams. **The Key is to have the feeling of already having what you want. –Think & Thank to Manifest What You Want-Do not have doubts because doubts attracting the doubts of not having what you want. Use your Imagination it is everything in this process and Preview of your Life's Coming Attractions.**

1) **Decide** what you want, believe you **Deserve** it, feel that you **Already Have It.**

2) Then to be **Grateful for what you have** and the **Joy of having it.**

3) Give your **Desire of have it to the Universe & Trust** that the universe will figure a way out to get it to you.

When you have Inspired Thought you have to trust it & you have to act on it.

Whether you think you can or you cannot either way you are right?

Man becomes what he thinks about. Energy flows where attention focuses.

If you focus on what you do not have that is what you will have so focus on prosperity.

Relationships:

1) **Do you treat yourself the way you want others to treat you.**

2) **If you do not enjoy your company how do you expect anyone else to enjoy it.**

3) **Look at the good qualities in others & you will attract more of them to you.**

4) **Your Joy Lies Within you. Health use Mind over Matter.**

5) **Laughter (Comedies) will bring joy in your life attracting more of them.**

6) **The body self heals itself with Joyous Emotions.**

7) **Never give Power (Energy or your Focus) to the Problem** because you will only get more of it (**Not Anti-War (Pro Peace instead) or any anti anything**). **Focus on What you want not what you don't Want.**

8) **If you believe, if you can see it, if you will act from it, it will show up for you.**

Everything in the universe is energy. We are **Energy Fields. Energy is always moves in, through & out of form, never can be created or destroy, always was & always will be.** We are Energy; an **Infinite Field of Possibilities.** There are No Limits; we are Unlimited Beings. All power comes from within & is therefore under our own control. **Inner Happiness & Joy will generate more Happiness & Joy by the Law of Attraction.**

What are you going to do now? **You start focusing what want and what you do not want starts to fall away.** The **Beauty of the Law of Attraction** is you can begin where you are.